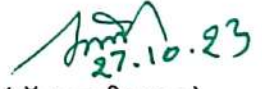




भोपाल, दिनांक 27.10.2023

सूचना

समस्त विद्यार्थियों को सूचित किया जाता है कि अक्टूबर माह को मानसिक स्वास्थ्य जागरूकता के रूप में मनाया जाता है। इसी संदर्भ में मानसिक स्वास्थ्य जागरूकता के विभिन्न पक्षों पर स्लोगन लेखन कर मनोविज्ञान विभाग में 31.10.2023 तक जमा करें।


(डॉ. रजनी गुप्ता)
प्रभारी प्राचार्य


PRINCIPAL
Govt. Hamidia Arts & Commerce
College, Bhopal

ORGAN WRITING (MENTAL HEALTH AWARENESS)

31.10.2023

1) Hanirajayon Duvivadi	MA 3rd Sem	Jr.
Prathant Singh	— —	P. Chauhan
2) Shikha Mayward	— —	Shikha
(4) Akash Singh	MA 1st semester	A.Ye.
(5) Vipin Ghunawat	M.A. 1st sem.	Vipin
(6) Aasiya Rizvi	B.A. 2nd year.	A.Ye.
(7) KULDEEP KUSHWAH	M.A. II yr	Kuldeep
(8) Shamsa Khem	M.A II Yr	Shamsa
9) Amon Tripathi	B.A III rd	Amon
10) Anant Mishra	B.A III rd	Anant
11) Devendra Singh	B.M.A III rd	Devendra
12) Gaurav Sonune	M.A II nd Sem	Gaurav
13) ANAND CHAUHAN	M.A III Sem.	Anand
14) yashwant verma	MoA III Sem	Yashwant
15) Abhay Vishwakarma	BA-3 rd	Abhay Vishwakarma
16) Shubhank Kushwaka	- -	Shubhank
17) Kushagra Gour	- -	Kushagra

ON BEHALF OF
HOD, PSYCHOLOGY
MRS. SANGEETA SAXENA

PRINCIPAL
Govt. Hamidia Arts & Commerce
College, Bhopal

Mental Health Awareness Month (31.10.2023)

SLOGAN WRITING & MENTAL HEALTH AWARENESS RALLY

Mental Health Awareness Month is a critical initiative that aims to create awareness about the importance of mental health & promoting overall well being.

So we organized activities like slogan writing & mental health awareness rally in college to celebrate & contribute to this vital cause. Both U.G & P.G students participated in the activity. 17 students participated with a objective of following Objectives:

- To educate & Raise awareness among college students about significance of mental health.
- To Reduce stigma and challenge stereotypes.
- To promote support, so that students can seek help for mental health issues.

Activities:

1.) Slogan writing - To create a concise, impactful and creative phrase that effectively communicates about mental health.


2.) Mental health awareness Rally: Students walked around college with their slogans, to promote mental health & destigmatize mental health issues among college students.

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comes.

The mental health awareness month created a positive impact on our college students. Students of Psychology engaged in discussions with their peers to promote awareness of mental health. Objectives were achieved as other students got the opportunity to learn about mental health concept. So we increased awareness among students & reduced stigma about various stereotypes. Also students got to know when & how to seek help for mental health issues. Psychology students took the initiative to educate other students of various streams about the counseling services available within the Psychology department, in our college both Undergraduate & Post-graduate (Regular & Private) students were collaborated to promote mental health well being.


ON BEHALF OF
HOD, PSYCHOLOGY
MRS. SANGEETA SAXENA


PRINCIPAL
Govt. Hamidia Arts & Commerce
College, Bhopal



Principal
PRINCIPAL
Govt. Hamidia Arts & Commerce
College, Bhopal



 **GPS Map Camera**



Bhopal, Madhya Pradesh, India

24-33, MLB College Rd, Khateekpura,

Budhwara, Bhopal, Madhya Pradesh

462001, India

Lat 23.250704°

Long 77.405314°

31/10/23 12:39 PM GMT +05:30

Note : Captured by GPS Map Camera






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