



Best Practices:

A - Nurturing an Ecosystem for Environmental Responsibility

Objective of the Practice

This practice emphasizes creating environmental awareness and integrating sustainability into the campus culture. It involves active student participation, community outreach, and initiatives to promote environmental conservation and responsibility.

Key Objectives

1. To instil a sense of environmental responsibility among students and faculty.
2. To encourage sustainable practices on campus and beyond.
3. To integrate environmental awareness into academic and extracurricular activities.
4. To create a greener campus and contribute to global efforts for environmental sustainability.

Context

The practice recognizes the increasing importance of addressing environmental challenges such as climate change, pollution, and resource depletion. As an academic institution, Govt. Hamidia College strives to lead by example by implementing eco-friendly measures and creating a green, sustainable campus.

Activities Conducted in Hamidia College

Activity	Details	Outcome
Tree Plantation Drive	Planted 200 saplings in and around the campus; encouraged students to plant saplings at home.	Increased campus greenery and student participation in environmental conservation.
World Water Day Celebration	Organized seminars and poster exhibitions on water conservation; students presented case studies.	Raised awareness on water scarcity and promoted sustainable water use practices.
World Environment Day Activities	Conducted cleanliness drives, essay writing competitions, and street plays on reducing plastic waste.	Enhanced student understanding of environmental issues and the importance of individual actions.
Workshop on Waste Management	Partnered with local NGOs to teach waste segregation and composting techniques.	Students learned practical skills for reducing and recycling waste effectively.
Energy Conservation Campaign	Organized awareness sessions on reducing energy consumption and introduced energy audits in departments.	Promoted energy-saving habits among students and staff.
Biodiversity Awareness Walk	Nature walk conducted at a nearby biodiversity park to understand native flora and fauna.	Increased student awareness about local biodiversity and the need for its preservation.
E-Waste Collection Drive	Set up collection points across campus to safely dispose of e-waste in collaboration with certified recyclers.	Reduced e-waste on campus and encouraged sustainable disposal practices.

These activities collectively contribute to fostering a culture of sustainability and environmental stewardship within the institution.

Environmental Initiatives at Govt. Hamidia Arts and Commerce College

1. Energy Conservation Initiatives

- Installation of additional Solar Panels: Solar panels were installed to harness renewable energy, reducing reliance on non-renewable electricity.
- Non-functional LED Lights that were installed earlier were replaced with LED only.
- Conventional bulbs are no more used.

2. Waste Management

- Solid Waste Segregation: Bins for biodegradable, recyclable, and non-recyclable waste were strategically placed throughout the campus.
- Composting Units: Biodegradable waste generated on campus was utilized for composting, benefiting the college garden which is done by the gardener manually.
- E-Waste Collection Drives: Departments collected e-waste like pendrives and CDs, which were handed over to the IT cell for proper disposal.

3. Water Management

- Rainwater Harvesting: The campus benefits from a natural rainwater harvesting system, conserving water effectively.
- Water Conservation Campaigns: Workshops were held to promote water-saving practices among students and staff.

4. Biodiversity Conservation

- Green Landscaping: The college is developing Vidhya Van for biodiversity awareness and maintains Amrit Vatika with hundreds of plants.
- Tree Plantation Drives: Regular plantation drives were conducted, enhancing greenery and campus biodiversity.

5. Sustainable Transportation

- Bicycle-Friendly Campus: Students are encouraged to use bicycles or walk within the campus.
- Carpooling Initiatives: Carpooling is promoted to reduce vehicular emissions and the carbon footprint.

6. Awareness and Advocacy

- Club Activities: Organized campaigns, debates, and exhibitions to raise environmental awareness.
- Workshops and Seminars: Environmentalists and researchers were invited to deliver lectures and conduct interactive sessions.
- Environment Day Celebrations: Observed global events like Earth Day and World Environment Day with active student participation.

7. Digital Initiatives for Sustainability

- Paperless Administration: Departments submitted reports and records to IQAC digitally to reduce paper usage.
- Online Classes and Resources: Students were encouraged to use e-books and online resources to minimize the environmental impact of printed materials.

8. Community Outreach

- Adopting Nearby Villages: Sustainability efforts like waste management and plantation drives were extended to Hinotia and Eintkheri Chaap villages.

- **Environmental Awareness in Schools:** NSS volunteers conducted sessions in rural schools to educate children about eco-friendly practices.
- **Cleanliness Drives:** Under the Swachh Bharat Mission, students cleaned Ghat areas, spreading messages about social responsibility and community values.

These initiatives showcase the college's commitment to environmental sustainability and fostering a culture of ecological responsibility among students and the community.

Evidence of Success

- Significant reduction in waste sent to landfills through effective segregation.
- Improvement in campus greenery and biodiversity, with visible growth in plant and bird species.
- Enhanced awareness among students and staff about environmental conservation practices.

Problems Encountered and Resources Required

- **Challenges:**
 - Limited funds for large-scale sustainability projects.
 - Resistance to behavioural change among some stakeholders.
- **Resources Needed:**
 - Financial assistance for infrastructure development (e.g., solar panels, rainwater harvesting systems).
 - Expert guidance for technical projects like energy audits and biodiversity monitoring.

Future Plans

- Implementation of a **Green Audit** for comprehensive sustainability evaluation.
- Collaboration with environmental NGOs for knowledge exchange and funding.
- Establishment of a **Green Policy** for the institution to formalize eco-friendly practices.

BEST PRACTICE - B

B - Fostering Humanistic Values and Social Harmony Through Community Engagement Activities

Objective of the Practice

The practice aims to foster humanistic values, social harmony, and a sense of responsibility among students by engaging them in meaningful community service and outreach programs. It seeks to create well-rounded individuals who are sensitive to societal issues and committed to promoting inclusivity and harmony.

Context

In a diverse and multicultural society, it is crucial to inculcate values such as empathy, respect, and unity among students. Govt. Hamidia College recognizes its responsibility to shape individuals who not only excel academically but also contribute positively to the community. The practice leverages societal connect activities to bridge the gap between academic learning and real-world challenges.

This best practice highlights the institution's commitment to instilling empathy, inclusivity, and social responsibility among students through meaningful community engagement. Various activities focus on creating awareness, providing support, and promoting social harmony by addressing real-world issues.

Relevance of Activities

- **Workshops and Lectures:** Promote knowledge-sharing and understanding of critical social issues.
- **Awareness Programs:** Raise consciousness about health, governance, and inclusivity, encouraging proactive participation.
- **Community Engagement:** Directly connect students with societal needs, fostering empathy and practical problem-solving skills.
- **Special Events:** Commemorate important days to instill values and spread awareness.

Activities Conducted in Hamidia College

Date	Activity	Details	Relevance
March 2024	Mental Health Awareness Workshop	Organized by the Psychology Department; covered emotional well-being and stress management.	Promoted mental health awareness and equipped students with coping strategies.
Dec 2023	AIDS Awareness Program	NSS students conducted a rally to educate the public about HIV/AIDS prevention and de-stigmatization.	Encouraged empathy and understanding of global health challenges.
Jan 2024	Visit to Jawahar Cancer Hospital	Students visited and interacted with patients and staff, offering support and learning about care.	Fostered compassion and firsthand understanding of healthcare challenges.
April 2024	Presentation on Emotional Intelligence	Psychology Department presentation to enhance emotional skills for better interpersonal relationships.	Developed self-awareness, empathy, and interpersonal skills among students.
April 2024	World Autism Day Observance	Lectures and activities to create awareness about autism and inclusivity.	Promoted acceptance and inclusion of neurodivergent individuals.
Sept 2023	World Suicide Prevention Week	Seminars on mental health resources and suicide prevention strategies.	Addressed critical mental health issues and encouraged seeking help.
Oct 2023	Good Governance and Security Workshop	Discussions on democratic values, governance principles, and safety awareness.	Empowered students with knowledge about governance and societal responsibilities.
Oct 2023	Run for Unity	Marathon promoting national unity and integration.	Encouraged physical fitness and the value of national solidarity.

Date	Activity	Details	Relevance
Sept 2023	Cleaning of Visarjan Ghat	Students cleaned the ghat area, spreading awareness about cleanliness and eco-responsibility.	Instilled civic responsibility and respect for shared spaces.
Feb 2024	Bicycle Rally	Cycling event to engage with local communities and promote eco-friendly transportation.	Strengthened community ties and emphasized sustainable practices.
Dec 2023	Srishti Sewa Trust Donation	₹8,000 donation and distribution of essentials to the needy.	Encouraged giving back to the community and fostering empathy.
March 2024	World Social Work Day Celebration	Activities highlighting the importance of social work and community support.	Inspired students to take active roles in societal betterment.

Impact of These Activities

These initiatives have successfully instilled humanistic values, strengthened community ties, and created awareness about key social issues. Students developed a deeper understanding of societal challenges and their responsibilities, fostering a culture of empathy, inclusion, and proactive engagement.

Practice

1. Community Outreach Programs

- **Srishti Sewa Club Contribution:** The college donated ₹8,000 and woollens to the underprivileged through the Srishti Sewa Club, emphasizing compassion and support for vulnerable groups.
- **Adoption of a Local Community:** Faculty and students engaged with a nearby community to conduct cleanliness drives, awareness campaigns, and skill-building workshops.

2. Celebrating Inclusivity

- **Panel Discussion on the Transgender Community:** A session titled “**The Depiction of the Transgender Community in Hindi Films and Television: Myth and Reality**” was organized, fostering awareness and dialogue on inclusivity and representation. Students of dept of History, sociology participated in the discussion with faculty.

3. Social and Cultural Celebrations

- **Amrit Mahotsava:** The college organized a grand celebration of India’s cultural and historical heritage, instilling a sense of patriotism and collective pride among students.
- Observance of important national and international days, promoting themes of unity, peace, and environmental responsibility.

4. Skill Development and Empowerment

- Organized workshops and training programs on **Entrepreneurship, Soft Skills, and Employment Awareness** to empower students with the tools to succeed and contribute positively to society.
- Conducted a **15-day Internship Program** covering essential skills like digital marketing, cyber security, and communication skills.

5. Promoting Environmental Responsibility

- Organized plantation drives and campaigns on waste management, encouraging students to adopt sustainable practices while understanding their role in environmental conservation.

Evidence of Success

- Active participation of students and faculty in community service, fostering a culture of empathy and service.
- Positive feedback from beneficiaries of outreach programs, particularly through Srishti Sewa Club and the adopted community.
- Increased awareness and sensitivity among students on topics such as inclusivity, environmental sustainability, and societal challenges.
- Enhanced student participation in social and cultural activities, contributing to a harmonious campus environment.

Problems Encountered and Resources Required

- **Challenges:**
 - Limited financial resources for large-scale community outreach programs.
 - Initial hesitation among students to participate in societal engagement activities due to lack of awareness or confidence.
- **Resources Required:**

- Enhanced funding and partnerships with NGOs and government organizations for greater impact.
- Regular workshops to motivate and train students for effective community interaction.

Future Plans

- Expansion of community outreach initiatives to include rural development programs and collaborations with social welfare organizations.
- Integration of societal engagement activities as a mandatory component of the curriculum to ensure sustained participation.
- Introduction of annual awards to recognize students and faculty for their exemplary contributions to society.

Tree Plantation Drive by the Psychology Department

Beyond the campus activity

Date: 6th July 2024

Venue: Jamboori Maidan

The **Psychology Department** of Govt. Hamidia Arts and Commerce College organized a **Tree Plantation Drive** on **6th July 2024** at Jamboori Maidan. The event aimed to contribute to environmental conservation while instilling a sense of responsibility and community engagement among students. Faculty members and students actively participated in planting 150 saplings of native and medicinal plants, promoting the importance of greenery and ecological balance.

Objective:

1. To enhance environmental awareness among students and faculty.
2. To contribute to reducing the carbon footprint through afforestation.
3. To encourage collective responsibility for maintaining a sustainable environment.

Outcome:

1. **150 saplings** were successfully planted, contributing to increased greenery in the area.
2. Students developed a deeper understanding of environmental conservation and the role of trees in sustaining ecosystems.
3. The event fostered teamwork, environmental stewardship, and a sense of community.
4. Participants pledged to monitor and nurture the planted trees, ensuring their growth and survival.

This initiative aligns with the college's best practice of **Nurturing an Ecosystem for Environmental Responsibility**, highlighting the importance of sustainability and collective action.





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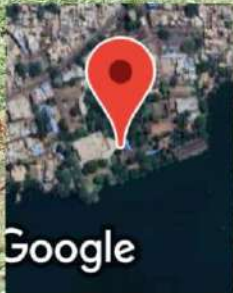
Bhopal, Madhya Pradesh, India

37, Talaiya Rd, near Kaptan Shadi Hall Road, Talaiya, Bhopal,
Madhya Pradesh 462001, India

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Water Conservation Awareness Drive

The Department of Geography at Govt. Hamidia Arts and Commerce College organized a **Water Awareness Drive** for PG students, aligning with the institution's best practice of **Nurturing an Ecosystem for Environmental Responsibility**. Water, being a critical resource for survival, demands urgent attention in the face of climate change, depleting reserves, and rising demand. This drive aimed to equip students with knowledge about sustainable water management and inspire actionable change for conserving this vital resource.

Objective:

- To educate students about the importance of water conservation and the challenges of water scarcity.
- To raise awareness about the need for sustainable water practices, including rainwater harvesting and reducing water wastage.
- To encourage students to act as ambassadors for water conservation within their communities.
- To link academic knowledge of water resources with practical applications, fostering an environmentally conscious mindset.

Outcome:

- Students gained an in-depth understanding of water resource management and its significance for sustainable development.
- The drive encouraged participants to implement water-saving practices in their daily lives and promote these within their communities.
- Awareness activities such as seminars, discussions, and interactive sessions enhanced student engagement with real-world environmental issues.
- The initiative reinforced the college's dedication to sustainability, inspiring students to contribute to long-term water conservation efforts.
- The program strengthened the connection between academic learning and environmental responsibility, nurturing future advocates for sustainable water practices.



Bhopal, Madhya Pradesh, India
Shri Sankat Haran Mahadev Mandir, Rathore Sangh Bhopal, Talliya, Ginnori Rd,
Budhwara, Bhopal, Madhya Pradesh 462001, India
Lat 23.25029°
Long 77.40376°
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Bhopal, Madhya Pradesh, India
5, Professor Colony Rd, Shymala Hills, Bhopal, Madhya Pradesh 462002, India
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Long 77.402413°
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OZONE DAY

18/9/24

The Department of Geography at Govt. Hamidia Arts and Commerce College organized **Ozone Day** for UG and PG students, aligning with the best practice of **Nurturing an Ecosystem for Environmental Responsibility**.

Objective:

1. To create awareness among students about the importance of the ozone layer and the need to protect it.
2. To educate participants on the harmful effects of ozone depletion and the environmental and health challenges it poses.
3. To encourage students to adopt eco-friendly practices and become proactive ambassadors for environmental sustainability.
4. To foster environmental consciousness through discussions, poster-making, and awareness drives, integrating academic knowledge with real-world issues.

Outcome:

1. Students gained a deeper understanding of the significance of the ozone layer and its role in maintaining life on Earth.
2. Activities like seminars, poster exhibitions, and interactive sessions inspired students to engage in sustainable practices and spread awareness in their communities.
3. The program fostered environmental stewardship among participants, linking academic learning with actionable environmental responsibility.
4. The event strengthened the college's commitment to sustainability by empowering students to contribute to global efforts in combating ozone depletion.
5. Participants left with a sense of responsibility to take small yet meaningful steps, such as reducing the use of harmful chemicals and supporting eco-friendly initiatives.



Google

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आदिति की कलम

एन एस एस ने चलाया पर्यावरण संरक्षण अभियान सूखी धरती करे पुकार,, वृक्ष लगाकर करो श्रृंगार

आदिति की कलम भोपाल शा. हमीदिया कला एवं वाणिज्य महाविद्यालय की राष्ट्रीय सेवा योजना इकाई द्वारा विश्व पर्यावरण दिवस के उपलक्ष्य में गोदग्राम ईटरवेंडी छाप में पर्यावरण संरक्षण कार्यक्रम का आयोजन किया गया, जिसके अंतर्गत ग्राम पंचायत भवन के समीप स्वयंसेवकों द्वारा पौधारोपण किया गया एवं सरपंच श्रीमति रेखा इमरत सिंह मालवीय, सचिव श्री पर्वत सिंह जी की उपस्थिति में हमीदिया महाविद्यालय के कार्यक्रम अधिकारी डॉ.आर.एस नरवरिया जी ने सभी को बताया गया कि पर्यावरण संरक्षण हेतु हमारे लिए प्राकृतिक मूल तत्वों को जानना बेहद महत्वपूर्ण है, तभी पर्यावरण संतुलन की स्थिति में बना रहेगा। साथ ही सभी ने सिंगल युज प्लास्टिक का उपयोग ना करने के लिए संकल्प लिया। तत्पश्चात महाविद्यालय परिषर मे प्राचार्य डॉ.पुष्पलता चौकसे के द्वारा शपथ दिलाई गई एवं डॉ.विनीता



चौधरी, डॉ.आर.पी.शाक्य एवं महाविद्यालय परिसर में बेल, आम, नीम, परिजात, गुलमोहर के पौधारोपण किया गया एवं पौधों के थाल बनाये गये और पानी डाला गया, सफल कार्यक्रम का आयोजन रा.यो.से और आइक्यूएसी के संयुक्त तत्वधान में किया गया। तदुपरांत वरिष्ठ स्वयंसेवक दानिश खान,

राकेश पंडित, गिरीश कोरडे, शाहरख खान, विक्रान्त पटेल, राजेंद्र मेवाड़ा, फारूख खालिद, धनश्याम सिलावट द्वारा परिचर्चा का आयोजन किया गया जिसमें सौरभ, विशाल, अभिषेक, नंदु, प्रियंस, मिलन, विशाल, इरफान, आनंद, प्रीतम अन्य स्वयंसेवकों द्वारा संकल्प लिया गया।

माननीय मर्यामंगी शितराज सिंह चौहान

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Plantation Drive: "Ek Plant, Maa Ke Naam"

As part of the college's best practice of **Nurturing an Ecosystem for Environmental Responsibility**, a unique plantation drive, "Ek Plant, Maa Ke Naam", was organized to encourage students to plant saplings in honour of their mothers and The mother Earth. The initiative aimed to instil environmental awareness while fostering emotional and cultural values among students. Each sapling symbolized gratitude and respect for their mothers and the nurturing role of nature.

Objective:

1. To promote environmental conservation and sustainability by encouraging tree plantation.
2. To instil humanistic values of gratitude, respect, and responsibility toward family and nature.
3. To engage students in eco-friendly activities, fostering a personal connection with environmental stewardship.

Outcome:

1. The drive resulted in the successful plantation of numerous saplings, contributing to the campus's and off the campus greenery and environmental improvement.
2. Students developed a deeper emotional connection to both their family values and their responsibility toward nature.
3. The initiative encouraged participants to maintain and nurture the planted saplings, promoting long-term environmental responsibility.
4. The program reinforced the college's commitment to sustainability, inspiring the community to adopt similar practices.





NOTICE

सभी students को सूचित किया जाता है कि कल मकत 19/3/24 को समाजशास्त्र विभाग द्वारा "World Social Work Day" मनाया जाउगा। सभी विद्यार्थी 12.30 पर विभाग में उपस्थित हों।

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18/3/24
H.O.D sociology



On **March 13, 2024**, at 1:00 PM, the Internal Quality Assurance Cell (IQAC) of Govt. Hamidia College, Bhopal, organized a social outreach activity at **Srishti Seva Trust**, located within the premises of Govt. Hamidia Hospital. The college contributed **₹8,000**, which was utilized to arrange meals for the needy. Additionally, faculty members distributed various useful items and materials. This initiative was undertaken with a focus on social responsibility.

Objective of the Activity:

The objective of this humanistic social connect activity was to promote the values of empathy, social responsibility, and community service among students and faculty. It aimed to foster a sense of solidarity with underprivileged sections of society and encourage a culture of giving back.

Outcome:

1. Meals were successfully arranged for the beneficiaries, addressing their immediate needs.
2. Useful items and materials were distributed, enhancing their quality of life.
3. Faculty and students gained a deeper understanding of the importance of social responsibility and community engagement.
4. The activity strengthened the college's commitment to humanistic values and contributed to creating a positive impact within the local community.
5. A spirit of teamwork and compassion was cultivated among participants, inspiring future initiatives for societal well-being.



स्थापित-जून 1994
 ESTD-June 1994

PRERNA SEWA TRUST
प्रेरणा सेवा ट्रस्ट

Regd. No. 19/2001
 Dated : 10.10.2001
 PAN : AAATP5407C

Office : "RAIN BASERA" Building, Hamidia Hospital Campus, Bhopal (M.P.) 462001
 कार्यालय : "रेन बसेरा" बिल्डिंग, हमीदिया चिकित्सालय परिसर, भोपाल (म.प्र.) 462001
 Phone : 0755-2549202, 4232402

No./क्र. **6718**

Donor Shri /Smt./Sushri Govt Hamidia Arts and Commerce College

Address/पता _____ Ph./फोन _____

For Rupees / से रुपये Eight thousand only

Cash/Cheque No./ नगद / चेक क्र. 560199

Date / दिनांक 13/03/24

For/ वास्ते Food 27/3/24 morning

Received with Thanks / द्वारा सधन्यवाद प्राप्त हुए।

₹ **8000-00**

Signature / हस्ताक्षर *[Signature]*

Donation to trust is Valid for Exemption Under Sec. 80 G of Income Tax Act
 (As per - CIT/BPL/Tech/80G/06.07/930 Dated 23-08-2007 Extendent in Perpetuity)

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स्थापित-जून 1994
 ESTD-June 1994

PRERNA SEWA TRUST
प्रेरणा सेवा ट्रस्ट

Regd. No. 19/2001
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 Phone : 0755-2549202, 4232402

क्र. **089**

दिनांक : 13/03/24

श्रोमान/श्रीमती : Govt Hamidia Arts & Commerce College

पता : _____

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संवत् रूप में Nabulizer - 1, masks and other medicines, Glycoconites and other Gen. items

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Bicycle Rally by Hamidian Students

As part of the college's commitment to **Nurturing Environmental consciousness and Fostering Humanistic Values and Social Harmony Through Community Engagement Activities**, a **bicycle rally** was organized by the students of Govt. Hamidia Arts and Commerce College. The rally aimed to raise awareness about environmental conservation, healthy living, and social harmony while encouraging sustainable transportation practices. Students cycled through local neighbourhoods, spreading messages of unity, inclusivity, and environmental responsibility.

Objective:

1. To promote sustainable and eco-friendly transportation methods among students and the community.
2. To encourage healthy living and environmental awareness through active engagement.
3. To foster a sense of social responsibility and humanistic values among participants by connecting with the local community.

Outcome:

1. The rally successfully created awareness about the importance of environmental conservation and the benefits of cycling.
2. It strengthened the students' connection with the community, spreading messages of harmony and inclusivity.
3. Participants developed a deeper understanding of sustainable practices and their role in fostering social responsibility.
4. The event was well-received by the community, inspiring further initiatives to promote humanistic and environmental values.





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Google

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Bhopal, Madhya Pradesh, India

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Madhya Pradesh 462002, India

Lat 23.249751°

Long 77.39859°

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Bus service at Govt. Hamidia Arts and Commerce College

The bus service reflects the institution's commitment to inclusivity, accessibility, and community welfare. By offering a reliable mode of transportation, the college ensures that students from diverse socio-economic backgrounds, including those from remote or underserved areas, can access education without barriers. This aligns with the college's mission to promote equality and inclusivity.

Additionally, the bus service fosters environmental responsibility by encouraging shared transportation, reducing individual vehicle use, and minimizing the campus's carbon footprint. This supports the broader goal of nurturing sustainable practices.

The service also strengthens community connections, as students commuting together foster bonds that promote social harmony and mutual understanding. It facilitates participation in **community engagement activities** such as cleanliness drives, environmental programs, and social outreach in nearby villages, enabling the college to expand its reach and impact.

The bus service is not just a transportation solution but an initiative that supports the college's holistic approach to education, sustainability, and community-building.





Cleaning Drive at Visarjan Ghat by Hamidia Students

In alignment with the best practice of **Fostering Humanistic Values and Social Harmony Through Community Engagement Activities**, the students of Govt. Hamidia Arts and Commerce College undertook a cleaning drive at **Visarjan Ghat**, a site significant for both religious and cultural purposes. The activity involved cleaning the ghat area, removing strewn flowers and dirt, separating biodegradable offerings like flowers from the water, and ensuring the surroundings were tidy and hygienic. Students raised slogans promoting cleanliness, environmental awareness, and communal harmony, inspiring onlookers to adopt similar practices.

Objective:

1. To instil values of social responsibility, compassion, and respect for shared community spaces.
2. To promote environmental sustainability by managing waste, particularly floral offerings, and preserving water bodies.
3. To foster a sense of unity and teamwork among students while encouraging active community participation.
4. To create awareness about the importance of maintaining cleanliness at places of cultural and religious significance.

Outcome:

1. The ghat was restored to a cleaner and more respectful state, benefiting both the environment and the community.
2. Students developed a deeper understanding of their role in promoting environmental and social harmony.
3. The activity inspired local residents to maintain cleanliness and engage in similar initiatives, reinforcing collective responsibility.
4. The cleaning drive demonstrated the college's commitment to holistic education by linking academic learning with civic engagement, nurturing humanistic values among students.
5. Positive community feedback highlighted the significance of activity.

Home / एजुकेशन / हमीदिया महाविद्यालय की रा.से.यो. इकाई द्वारा विसर्जन घाट खटलापुरा पर स्वच्छता ही सेवा है पखवाड़ा के अंतर्गत स्वच्छता अभियान चलाया गया

एजुकेशन सहायक प्रदेश

हमीदिया महाविद्यालय की रा.से.यो. इकाई द्वारा विसर्जन घाट खटलापुरा पर स्वच्छता ही सेवा है पखवाड़ा के अंतर्गत स्वच्छता अभियान चलाया गया

Maruti Wani · 20 September 2024

0 1 minute read



भोपाल।प्रधानमंत्री कॉलेज ऑफ़ एक्सीलेंस शासकीय हमीदिया महाविद्यालय की राष्ट्रीय सेवा योजना द्वारा गणेश विसर्जन के दूसरे दिन खटलापुरा घाट पर स्वच्छता ही सेवा अभियान कार्यक्रम का आयोजन 19 सितंबर को किया गया जिसमें घाट के किनारे पानी में फेली फूल,माला,एवं अन्य पूजन सामग्री को पानी से अलग कर पानी को साफ किया गया घाट के आस पास साफ सफाई की गई एवं घाट पर उपस्थित लोगों को साफ सफाई रखने के लिए प्रेरित किया गया साथ ही घाट को स्वच्छ एवं सुन्दर बनाए रखने के लिए स्वयंसेवकों द्वारा नारे लगाकर घाट की सुंदरता को पहले जैसा व्यवस्थित किया गया एवं राष्ट्रीय सेवा योजना का यही संदेश, स्वच्छ सुंदर हो भारत देश का नारा दिया। यह कार्यक्रम महाविद्यालय की प्राचार्य डॉ पुष्पलता चौकसे के मार्गदर्शन में किया गया रा.से.यो. कार्यक्रम अधिकारी डॉ आर एस नरवरिया, डॉ आर पी शाक्य उपस्थित रहे स्टेट कैम्प इरफान अंसारी स्वच्छता एंबेसडर अरविंद जाटव स्वयंसेवक शिवा,अभिषेक,आयुष,आर्यन,रोहित,रितेश,सुमित,आनंद उपस्थित रहे









Run for Unity

On **Sardar Vallabhbhai Patel Jayanti** and **National Unity Day**, Govt. Hamidia Arts and Commerce College organized a **Run for Unity** on **31st October 2024**. The event, led by students and NSS volunteers, aimed to commemorate the contributions of Sardar Patel in uniting India and to promote the spirit of national integration and social harmony.

The event began with an address by the Principal, emphasizing the significance of Sardar Patel's efforts in building a unified nation. More than 100 students, including NSS volunteers, participated in the rally, holding banners and raising slogans promoting unity, inclusivity, and the values of a diverse society. The run started from the college premises and concluded at a designated point in the city, drawing attention from the local community and spreading the message of national unity.

Relevance:

The activity highlighted the importance of unity in diversity, a cornerstone of India's cultural heritage. It also instilled a sense of patriotism and civic responsibility among participants while fostering teamwork and collaboration.

Outcome:

1. Students gained a deeper understanding of Sardar Patel's role in nation-building.
2. The event reinforced the value of unity and mutual respect in a multicultural society.
3. It inspired students to contribute positively to social harmony and national development.

हमीदिया महाविद्यालय राष्ट्रीय एकता दिवस शपथग्रहण एवं रन फॉर यूनिटी दौड़ आयोजित

भोपाल हेडलाइन शासकीय हमीदिया कला एवं वाणिज्य महाविद्यालय की राष्ट्रीय सेवा योजना इकाई द्वारा महाविद्यालय परिसर में सरदार वल्लभभाई पटेल जी की जयंती के उपलक्ष्य में एवं राष्ट्रीय एकता दिवस के अंतर्गत रन फॉर यूनिटी दौड़ एवं शपथ ग्रहण कार्यक्रम कराया गया, यह शपथ महाविद्यालय की प्राचार्य डॉ. पुष्पलता चौकसे द्वारा दिलाई गई एवं कार्यक्रम अधिकारी डॉ. आर एस नरवरिया डॉ. आर पी शाक्य, एवं



स्वयंसेवक राकेश पंडित, नीरज श्रीवास, उमेश प्रजापति, घनश्याम सिलावट, इरफान अंसारी, प्रियांशु साहू, विशाल,

प्रीतम, नंदू, गणेश राम अहिरवार, नंदू हिग्वे एवं अन्य विद्यार्थी उपस्थित रहकर कार्यक्रम को सफल बनाया।



World AIDS Day Rally by NSS Students

On the occasion of **World AIDS Day**, NSS students from all government colleges in Bhopal participated in a rally to spread awareness about AIDS. The rally began from their respective colleges and concluded at **Ravindra Bhavan**, where additional programs were organized.

Seventeen students from **Govt. Hamidia College** actively participated in the rally, accompanied by NSS officers **Dr. R.S. Narwaria** and **Dr. R.P. Shakya**.

At Ravindra Bhavan, both NSS officers were honoured with **mementos and certificates** for their dedication and contributions.

This AIDS awareness rally aligns with the college's best practice of **Fostering Humanistic Values and Community Engagement Activities**. By addressing a pressing global health issue, the initiative emphasized empathy, social responsibility, and the importance of spreading awareness within the community.

Objective:

1. To raise public awareness about AIDS, its prevention, and the importance of destigmatizing the disease.
2. To encourage students to actively engage with societal issues and contribute to public welfare.
3. To instil values of empathy, compassion, and collective responsibility among students.

Outcome:

1. The rally successfully educated the public on AIDS awareness, prevention, and the need for community support.
2. Students developed a sense of civic responsibility and gained experience in advocating for social issues.
3. The recognition of NSS officers and student participation reinforced the college's commitment to social engagement and humanistic education.
4. The event highlighted the role of educational institutions in addressing societal challenges and fostering a culture of inclusivity and care.



NOTICE

Date: 22/12/23

An interdisciplinary initiative will ^{be} undertaken by the Dept. of Psychology and Political Science by organising a lecture and Discussion session on the Topic 'Good Governance and Security' on 23.12.2023 at 12:30 p.m. in the RUSA HALL. All Students of the ^{Dept.} should compulsorily attend the event as it will touch upon Psychological issues related to Governance and Security aspects.



ON BEHALF OF HOD,

Psychology

MRS. SANJEETA SAXENA

REPORT.

A joint interdisciplinary initiative was undertaken by the Dept. of Psychology and Pol. Science by organising a lecture and Discussion session on the Topic 'Good Governance and Security' on 23.12.2023 at 12.30 p.m in the RUSA HALL. 46 Students from the College and Staff Members attended the session. The session addressed by Mr. Ashish Singh, an expert on Public Administration. The speaker touched upon Governance issues and Security related aspects. The speaker also showed his perspective on psychological aspects related to the administration aspects. Students and speaker had an interaction session wherein the speaker touched upon varied aspects related to the topic. The feedback of the event was a positive one.

DR. SHAHIN GHANI
H. K. P. S. ...

Report on World Suicide Prevention Week

Psychology Department

The **Psychology Department** of Govt. Hamidia Arts and Commerce College observed **World Suicide Prevention Week** from **10th to 16th September 2023**. The week-long program aimed to raise awareness about mental health, reduce the stigma associated with suicide, and educate students and faculty on prevention strategies.

Objective:

1. To promote mental health awareness and foster a supportive environment.
2. To equip participants with knowledge about identifying early warning signs of mental distress.
3. To encourage discussions on building resilience and seeking timely help.

Relevance:

With rising cases of mental health issues globally, suicide prevention is a critical focus area. Educational institutions play a vital role in fostering awareness and creating support systems. This initiative emphasized the importance of addressing mental health challenges and reducing stigma through open conversations and expert guidance.

Outcome:

1. Over **30 professors** and a large number of students attended workshops, seminars, and interactive sessions conducted during the week.
2. Participants learned about early intervention techniques, coping mechanisms, and the importance of seeking professional help.
3. The event fostered a sense of community and understanding, encouraging students and faculty to support peers in distress.
4. Feedback from attendees indicated increased awareness and motivation to promote mental health initiatives in the college.

The program successfully aligned with the institution's commitment to fostering humanistic values and holistic well-being.

कार्यालय प्राचार्य
शासकीय हमीदिया कला एवं वाणिज्य महाविद्यालय, भोपाल म.प्र.
Website : <http://govt.hamidiacollege.com/> Ph-Fax No. 0755-266047,2440981 E-mail - hghaacbcollege@gmail.com

भोपाल, दिनांक: 11.09.2023

सूचना

समस्त विभागाध्यक्षों एवं समस्त महाविद्यालयीन छात्रों को मनोविज्ञान विभाग द्वारा सूचित किया जाता है कि दिनांक 10.09.2023 से 16.09.2023 तक विश्व आत्महत्या संरक्षण सप्ताह के रूप में मनाया जाता है।

उपरोक्त परिप्रेक्ष्य में मनोविज्ञान विभाग द्वारा आत्महत्या के लक्षणों, कारणों एवं बचाव के बारे में जागरूकता बढ़ाने के उद्देश्य से व्याख्यान आयोजित किया जा रहा है। जो दिनांक 13 सितंबर को 12 बजे अपरान्ह रूसा सभागार में होगा।

सभी प्राध्यापकगण एवं समस्त महाविद्यालयीन विद्यार्थियों की उपस्थिति प्रार्थनीय है।

प्रो. संगीता सक्सेना
विभागाध्यक्ष, मनोविज्ञान

(डॉ. पुष्पलता चौकसे)
प्रभारी प्राचार्य

REPORT

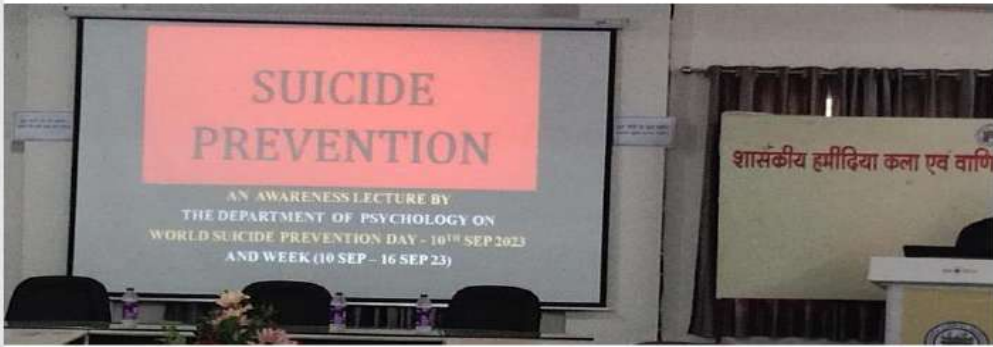
WORLD SUICIDE PREVENTION WEEK
AWARENESS LECTURE BY THE DEPT.

DATE: 13/09/23

TIME: 9:20 p.m onwards

The Dept. of Psychology organised an Awareness lecture on World Suicide Prevention Week (10th to 16th Sep) on 13/09/23 at 12 p.m. in USA HALL. The Awareness lecture was attended by 59 Students from various streams and departments in the College. The lecture also included 30 professors in attendance. Addressed by Mrs. Sangeeta Saxena (HOD, Psychology) and the Principal Dr. Pushpata Chauksey Madam the Key Speaker was Dr. Shalin Ghani, Assist. Professor, Dept. of Psychology. The lecture touched upon the issue of increasing suicides amongst youth. Introduction to Suicide, Stages, Types, challenges, Crisis perception, challenges in Adolescents, Contemporary tragedies and session of introspection and thinking on what and how tragedies could be handled better.

Dr. S. S.
13-9-23



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GPS Map Camera



Bhopal, Madhya Pradesh, India
37, Talaiya Rd, near Kaptan Shadi Hall Road, Talaiya, Bhopal, Madhya Pradesh
462001, India
Lat 23.251282°
Long 77.40481°
13/09/23 12:08 PM GMT +05:30

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GPS Map Camera

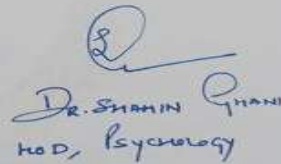


Bhopal, Madhya Pradesh, India
H. No.20 Masjid Hasan Bagh Hathikhana,
near Naw Hamidia college, Budhawara,
Bhopal, Madhya Pradesh 462001, India
Lat 23.25158°
Long 77.40459°
13/09/23 12:21 PM GMT +05:30
Note: Captured by GPS Map Camera

NOTICE

WORLD AUTISM AWARENESS DAY


This year theme is “**Empowering autistic voice**”. Let's begin to support autistic persons. Dept. of Psychology, Hamidia College as part of an online awareness drive on **World Autism Day** today, **2nd April 2024** shares few contact numbers in case a child in your neighborhood is displaying autistic symptoms ... plz do note the symptoms of autism and spread the awareness around...**let's reach out and help.**


Dr. SHAMIM GHANI
HoD, Psychology

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AN ONLINE AWARENESS DRIVE WAS UNDERTAKEN ON 'WORLD AUTISM DAY' 02 | APRIL | 2024 TO SPREAD AWARENESS ABOUT THE DISORDER AND AS AN INITIATIVE TO SUPPORT AUTISTIC PERSONS (CHILDREN) IN SOCIETY. THE ENDEAVOUR INVOLVED SHARING FEW CONTACT NUMBERS ON ALL THE MAJOR STUDENT GROUPS IN COLLEGE (APPROACHED DEPTS TO ^{SHARE} LINKS), THE ATTEMPT WAS TAKEN IN UNDERSTANDING OF THE FACT THAT NEIGHBOURHOODS AND FAMILIES HAVING SUCH CHILDREN ARE IN DIRE NEED OF RELEVANT CONTACT NUMBERS TO HELP INSTITUTIONS PROVIDING HELP SUCH AS KIDS CARE THERAPY CENTRE, BANSAL HOSPITAL AND NIDHAN. THEIR NUMBERS WERE SHARED AND STUDENTS WERE ASKED TO SHARE THEM FURTHER AND SPREAD AWARENESS AND CONTACT IN CASE OF NEED


HCD, Psychology

IMPORTANT NOTICE


The Dept. of Psychology under the concept of "Skill Saturdays" has been assigned the topic "Emotional Intelligence as a Skill".

In accordance a presentation will be made on Saturday the 6th of April 2024 to spread awareness about the relevance of this skill in our daily lives.....all students of the dept should compulsorily be present at 12.30 p.m. sharp outside Room H - 09 in H Block ...The presentation shall be of 45 min.

Attendance in dept activities as informed earlier is compulsory now onwards...and marks in cce and practical exams will directly be affected by attendance in these compulsory activities.

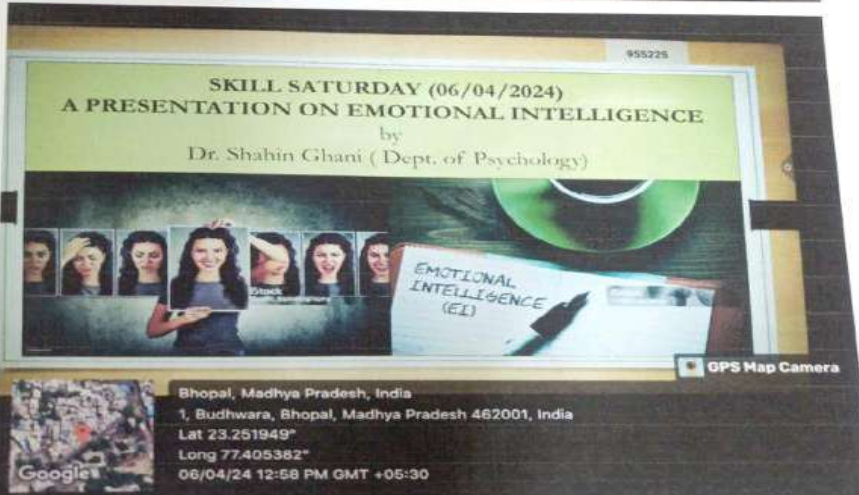

Dr. Shahin Ghani, Head of the Department

Department of Psychology under the concept of 'Skill Saturday' held a presentation today on the topic - "Emotional Intelligence as a Skill". The presentation covered varied aspects related to the topic, with suggestions on how to improve Emotional Intelligence and achieve greater success in life. It also included an Emotional Intelligence Test where students present analyzed their own emotional intelligence. The presentation ended with an interactive question and answer session.


Dr. Shahin Ghani
HOD, Psychology



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NOTICE

Date: 13.12.2023

All Regular & Private students have to compulsorily Present at Jawahar Cancer hospital, Bhopal, Tomorrow (14.12.2023) at 10:45 Am sharp. The Educational visit is been undertaken in accordance with National Education Policy. Report Submission of these Visits will be Compulsory for All students. Students are to reach the venue using their own Conveyance.

13/12/23
ON BEHALF MOD. PSYCHOLOGY
MRS. SANGEETA SAXENA

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OFFICE OF THE PRINCIPAL
GOVT. HAMIDIA ARTS & COMMERCE COLLEGE, BHOPAL (MP)



Ref: 2735

Date: 13.12.2023

To,
The Director
Jawahar Cancer Hospital
Bhopal

Sub: Request for permission to visit the Counseling Centre at the Hospital.

Sir,

I kindly request you to grant us permission to bring our students of the Dept. of Psychology on a visit to the hospital (Counseling Centre) on 14-12-2023 at 11:00 PM. The visit is being undertaken as part of New Education Policy syllabus for Undergraduate Course.

We shall be very grateful for your cooperation.

13/12/23
DR. SHAMIN GHAM
ON BEHALF OF HEAD OF THE
DEPT. MRS. SANGEETA SAXENA

13.12.23
PRINCIPAL
Dr. Rajan Tripathy

Jawahar Cancer Hospital - Counseling Centre visit (14.12.2023)

The visit is being undertaken as a part of New Education Policy for undergraduates students on 14.12.2023. 15 students visited Jawahar Cancer Hospital with the objective of following

Objective:

- ↳ To understand the Psychological Impact of cancer diagnosis & treatment on cancer patients.
- ↳ To gain insight about the role of Psychology in cancer patients' care.
- ↳ To learn about the importance of communication skills & therapy session in providing Psychological support to cancer patients.
- ↳ To gain understanding about Psychological symptoms faced by cancer patients.

Activities:

Dr. Sangeeta Singh (Psychologist) in Jawahar Cancer Hospital gave a brief introduction about Psychological severity of cancer patients than she gave a Guided hospital tour of the cancer care facilities including chemotherapy rooms, radiation therapy areas & patient support services.

Some students got engaged in structured discussions with cancer patients to learn about their experiences and Psychological needs.

After the discussion, Dr. Sangeeta Singh gave a detailed lecture on their role in cancer care & therapies they provide and also discussed about some case studies to illustrate various Psychological challenges faced by cancer patients & how therapy helped in their recovery process.

OUTCOMES:

- ↳ Increased understanding of the Psychological impact of cancer on patients & their families.
- ↳ Students gained knowledge about Psychological support strategies & interventions used in cancer care.
- ↳ The visit increased Empathy & sensitivity among students towards cancer patients/ survivors & their family members.
- ↳ They got aware about Group therapy session, family therapy for cancer patients and Psychological need about cancer patients.

Students gained valuable insights into the Psychological aspects of cancer care & treatment.

on behalf of
HOD, Psychology
Mrs. SANGEETA SAXENA